

HOME SWEET CABIN



Berry Craig
Columnist

No doubt the log cabin near the intersection of U.S. Highway 68 and Ky. Highway 402 in Aurora was built faster and easier than similar dwellings were constructed in early Marshall County.

Pioneers certainly would have marveled at the speed and efficiency of modern home builders and

their power tools and equipment.

Anyway, the logs in the Aurora cabin look as if they might have been salvaged from an authentic pioneer dwelling. But the roof looks like tin, and the walls seem to be chinked with concrete. The home also has a sturdy stone fireplace, and concrete blocks support the front porch.

The cabin is probably cozy, though most frontier log homes were less than cheery, especially this time of year. Eyewitness accounts describe backwoods cabins as dreary.

Roofs, typically made of hand-made wooden shingles, leaked even in a light rain. Downpours caused the chinking—mud or clay—to ooze down the walls, inside and out.

Because most early cabins were window-

less, homeowners kept the doors open for light. That let in cold, snow and sleet in wintertime and heat, rain and bugs in summer.

Fireplaces were typically constructed of small notched and stacked logs, chinked and thickly lined with mud on the inside. Wooden chimneys often caught fire and burned down cabins.

In Marshall County, limestone—the best chimney material—was found east of the bridgeless Tennessee River. Bringing it in via ferry and wagon would have been laborious and too expensive for almost all settlers.

Puttying stone—or conglomerate rock—does underlie Marshall County and crops out here and there. Puttying stone is that stuff that looks like gravel stuck together with red

sand.

But puttying stone is crumbly and almost impossible to hew into blocks. About all it was good for was cabin and porch foundations.

Regardless, cabin raising did serve to bring communities together in the spirit of “United We Stand, Divided We Fall,” Kentucky’s motto.

Friends and neighbors showed up on the appointed day to help the homebuilders, often newlyweds.

Men called “choppers” shouldered axes and headed into the woods to fell the appropriate timber, according to Lewis and Richard Collins’ 1874 History of Kentucky.

Marshall men typically sought oak, hickory or poplar. All three trees worked well, but poplar had an edge because it was softer and

easier to hew and cut.

A man and a team of horses or oxen dragged the trees—all cut to the proper lengths—to the cabin site. The logs were arranged “and ... properly assorted at the sides and ends of the building,” the old history book explained.

Meanwhile, a carpenter scanned the woods for shingle-making timber. Elsewhere in Kentucky, cedar was the wood of choice.

Like limestone, cedar trees grew east of Marshall County. But poplar and oak were good for splitting into shingles, too.

At any rate, trees for turning into shingles had to “be straight grained and three to four feet in diameter,” the book said. The timber was split with a froe and fashioned into shingles with a draw

knife.

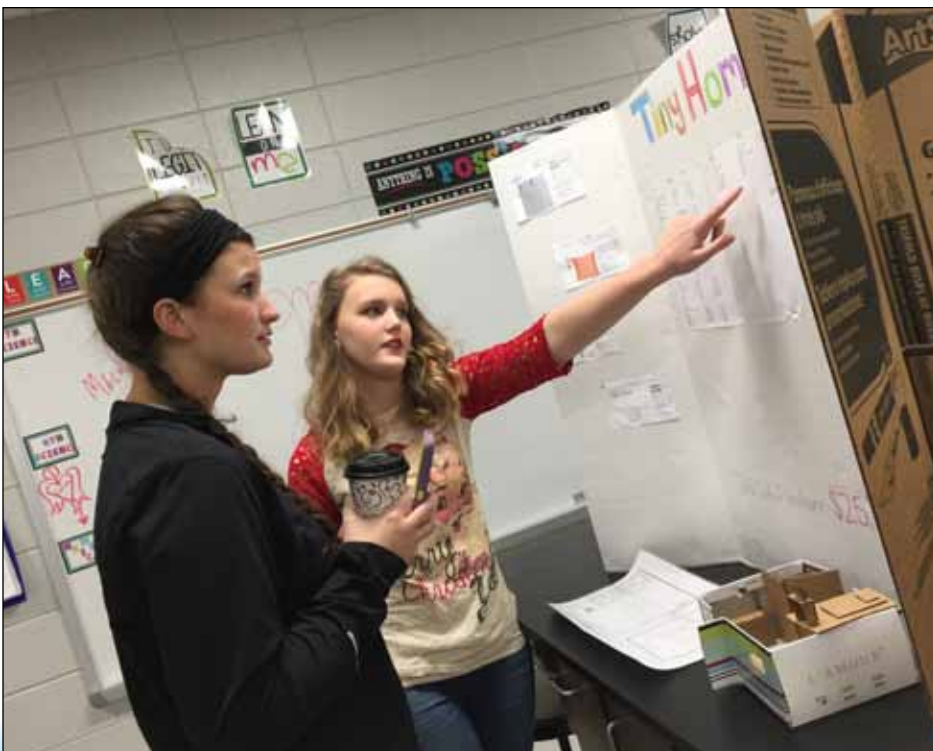
Early cabins had dirt floors. But sometimes, rough-hewn planks called “puncheons” were laid over the ground as a form of flooring.

The walls, roof and sometimes the floor were finished in a day. It took longer—up to two more days—for “leveling off the floor and making a clapboard door and table.”

Like today, housewarming parties followed the homebuilding. Everybody who helped was welcome. Celebrants made sure any local “Lawrence” was shunned.

A pioneer slammed as a “Lawrence” – “or some other title still more opprobrious” – was somebody “who did not perform his share of labor on these occasions,” the historians Collins advised.

SMMS students design tiny house



Press Release

If you’ve been watching television or reading magazines, chances are you’ve seen a tiny house. These little homes are everywhere...and now, Mrs. Murphy asked students in her 7th grade STEM class to make their own 3D version.

Build a tiny house is a project based learning (PBL) activity that put the designing into the hands of the students. Students dove deep to show they understand the how (and why) math concepts such as area, perimeter, and geometry are used in building a home. This project integrates multiple elements such as problem solving, collaboration, design, and plan-

ning that connect concepts across multiple platforms.

The objective of this project is for students to design and build a tiny house, while applying area, perimeter, and geometry skills. This project based learning activity also focuses on designing elements, using multiple problem solving skills, and collaborating in the classroom. It allows for easy differentiation, so students can work at a pace they will be successful at.

With this project, students were able to create a miniature 3D version of a tiny house. Each created a unique version based on their own ideas, imagination, and application of skills.

COMMUNITY CALENDAR

Marshall County Toastmasters meet every Monday at 6:45 p.m. at the Quality Inn in Draffenville. 252-7022 to reserve a spot. The cost of the class is \$18.

The Marshall County Amateur Photography Club meet the third Monday of every month at 6:30 p.m. at the Benton branch of the Marshall County Public Library.

January 14 St. Matthew by the Lake Church will host a Community Country Breakfast from 7-9 a.m. The meal will include biscuits and gravy, eggs, hash browns, sausage, country and city ham, pancakes and beverages. Cost is \$5 for adults and \$2.50 for children. The church is located at 3966 US Hwy. 641 N., just outside of Draffenville.

January 25 A needle felting workshop will be held at the Marshall County Children's Arts Center from 9:30 a.m. until noon. The class is limited to 10 participants. Call 270-

January 28 The Marshall County Public Library will host Saturday Story Hour: Winter Animals Nature Show from 2:30 - 3:30 p.m. at the Benton branch. The program will feature animals provided by the Land Between the Lakes Nature Station.

January 30 The Central Elementary SBDM council will hold their regular meeting at 3:30 p.m. at the school located at 115 Jim Goheen Drive in Benton.

January 31 The Youth Center advisory council will hold their regular meeting at 11 a.m. at South Marshall Middle School.

Email your calendar item to emcgill@tribunecourier.com, call us at (270) 527-3162 or stop by the office at 86 A Commerce Blvd. in Benton.

MCCH welcomes Broadbent to staff

Press Release

Murray-Calloway County Hospital is pleased to welcome Dr. John Broadbent to the medical staff as a cardiologist.

Broadbent completed his undergraduate degree in chemical engineering (B.S.) and chemistry (B.A.) at the University of Kentucky, in 1986 and earned his M.D. from the University of Louisville College of Medicine in 1990. He then completed his residency in Internal Medicine at Henry Ford Hospital in 1993 followed by a Cardiology Fellowship and an Interventional Cardiology Fellowship.

He was awarded as a Fellow of the American College of Cardiology (FACC). Dr. Broadbent has contributed to six published articles relating to cardiology topics.

He was honored with being a member of Tau Beta Pi (Engineering Honorary) and Omega Chi Epsilon (Chemical Engineering Honorary). Dr. Broadbent was also a part of the Credentials Committee at Western Baptist Hospital, the Pharmacy and Therapeutics Committee and the House Staff Council at Henry Ford Hospital. He is in the American College of Cardiology, American Medical Association and the American Institute of Chemical Engineers.

Dr. Broadbent is board certified in Cardiovascular Diseases (ten years), National Board of Medical Examiners and Certification Board of Nuclear Cardiology.

Dr. Broadbent is a native of Hopkinsville, Kentucky and grew up mostly in Cadiz, Kentucky. He and his wife have three children.

Dr. John Broadbent will work full-time out of his office at Murray Cardiology Associates beginning in January. For more information, contact the MCCH Marketing Department at (270) 762-1560.

University of Cumberlands announces graduates

Press Release

University of the Cumberlands is pleased to announce that 606 students completed their studies and earned degrees on December 23, 2016. In total, there were 101 bachelor's degrees, 443 master's degrees and 10 doctoral degrees. The conferred degrees also included one associate degree and 51 education spe-

cialists.

Several local students were among the graduates, including:

•Jessica Holder of Benton, who earned a Master of Arts in Education degree.

•Dawn Hopkins of Benton, who earned a Master of Arts in Education degree.

Located in Williamsburg, University of the Cumberlands is an institution of regional

distinction that currently offers four undergraduate degrees in more than 40 major fields of study; 10 pre-professional programs; 10 graduate degrees distributed over eight areas, including two doctorates and seven master's degrees; certifications in education; and online programs. For more information, please visit www.ucumberlands.edu.

Marshall County schools breakfast, lunch menus

Press Release

The following are the January menus for Marshall County schools:

Breakfast

Marshall County Schools K-8

Tuesday, Jan. 10 - Donut, Cereal Bar and Yogurt, Fruit, Fruit Smoothie
 Wednesday, Jan. 11 - Pancakes, Sausage Patty, Cereal Bar and Yogurt, Fruit, Fruit Smoothie
 Thursday, Jan. 12 - Sausage/Biscuit/Gravy, Fruits, Cereal Bar and Yogurt, Fruit Smoothie
 Friday, Jan. 13 - Chicken Strips/Gravy, Cereal Bar and Yogurt, Fruit
 Tuesday, Jan. 17 - Chicken Dippers, Blueberry Muffin and Yogurt, Fruit Smoothie
 Wednesday, Jan. 18 - Tornado Wrap, Fruit, Blueberry Muffin and Yogurt, Fruit Smoothie
 Thursday, Jan. 19 - Chicken Biscuit, Fruits, Blueberry Muffin and Yogurt, Fruit Smoothie
 Friday, Jan. 20 - Sausage/Biscuit/Eggs & Gravy, Blueberry Muffin and Fruit, Fruit Smoothie
 Monday, Jan. 23 - Tornado Wrap, Fruit, Cereal Bar and Yogurt, Fruit Smoothie
 Tuesday, Jan. 24 - Donut, Fruit, Cereal Bar and Yogurt, Fruit Smoothie
 Wednesday, Jan. 25

- Pancakes, Sausage Patty, Cereal Bar and Yogurt, Fruit, Fruit Smoothie
 Thursday, Jan. 26 - Sausage/Biscuit/Gravy, Fruits, Cereal Bar and Yogurt, Fruit Smoothie
 Friday, Jan. 27 - Chicken Dippers, Gravy, Cereal Bar and Yogurt, Fruit
 Monday, Jan. 30 - Pancake on a Stick, Blueberry Muffin and Yogurt, Fruit, Fruit Smoothie
 Tuesday, Jan. 31 - Chicken Dippers, Blueberry Muffin and Yogurt, Fruit, Fruit Smoothie

Lunch

Tuesday, Jan. 10 - Spaghtti and Roll, Popcorn Shrimp and Roll, Fruits, Green Beans, Broccoli and Ranch Cup
 K-5: Spaghetti/Bosco Stick, Corn Dog, Pineapple, Apple Salad, Broccoli/Dip, Green Beans
 Wednesday, Jan. 11 - Middle School: Pizza (Cheese or Pepp), Cheeseburger Mac, Fruits, Corn, Pinto Beans
 K-5: Pizza, Cheese or Pep, Taco/Chips with Cheese Sauce, Apple, Peaches, Salad, Corn, Mexican Rice
 Thursday, Jan. 12: Middle School: Taco Soup, Chicken Fajita, Fruits, Baby Carrots and Ranch Cup
 K-5: Taco Soup, Taco/Chips/Cheese, Pineapple, Apple, Strawberry Cups, Refried Beans, Mexican Rice
 Friday, Jan. 20 - Middle School: Hamburger/Cheeseburger, Meat-

Pears, Pineapple, Broccoli/Tomato, Veg. Stir Fry, Carrots, Brown Rice
 Friday, Jan. 13 - Middle School: Hamburger/Cheeseburger, Meatball Subs, Fruits, Baked Beans, French Fries
 K-5: Chicken Sandwich, Regular or Spicy, Fish Sandwich, Banana, Mixed Fruit, Salad, Veggie Cup, Baked Beans
 Tuesday, Jan. 17 - Middle School: Corn Dogs, Orange Chicken and Egg Roll, Fruits, Veggie Stir Fry, Pinto Beans
 K-5: Chicken Noodle Soup or Chili with 1/2 PB & J or Pimento Cheese Sandwich, Pineapple, Mandarin Oranges, Salad, Broccoli/Cheese, Baby Carrots/Dip, Crackers, Cinnamon Roll
 Wednesday, Jan. 18 - Middle School: Pizza (Cheese or Pepp), Chicken Sandwich, Fruits, Broccoli and Cherry Cup, Corn
 K-5: Pizza (Cheese or Pepp), Chicken Alfredo/Roll, Apple, Mixed Fruit, Salad, Cooked Carrots
 Thursday, Jan. 19 - Middle School: Chili and Crackers, Chicken Noodle Soup and Crackers, Fruits, Salad, Baby Carrots and Ranch Cup
 K-5: Taco Soup, Taco/Chips/Cheese, Pineapple, Apple, Strawberry Cups, Refried Beans, Mexican Rice
 Friday, Jan. 20 - Middle School: Hamburger/Cheeseburger, Meat-

ball Subs, Fruits, Baked Beans, French Fries
 K-5: Chicken Sandwich, Regular or Spicy, Fish Sandwich, Sloppy Joe Sandwich, Banana, Mixed Fruit, Coleslaw, Baked Beans
 Monday, Jan. 23 - Middle School: Chicken Smackers, Mini Corn Dogs, Fruits, Roasted Potatoes, Green Peas
 K-5: Chicken Smackers, Mini Corn Dogs with Cheesy Bread, Side Kicks, Peaches, Apple-sauce, Salad, Baby Carrots, Broccoli/Cheese
 Tuesday, Jan. 24 - Middle School: Hot Dogs/Chili, BBQ Sandwich, Fruits, Baked Beans, Broccoli and Ranch Cup
 K-5: Hot Dog/Cheese/Chili, BBQ Sandwich, Pineapple, Mandarin Oranges, Broccoli/Tomato, Baked Beans
 Wednesday, Jan. 25 - Middle School: Pizza (Cheese or Pepp), Bosco Sticks and Sauce, Fruits, Corn, Baby Carrots and Ranch Cup
 K-5: Pizza (Cheese or Pepp), Chicken Alfredo/Roll, Apple, Mixed Fruit, Salad, Corn
 Thursday, Jan. 26 - Middle School: Taco/Chese Cup, Burrito/Cheese Cup, Fruits, Refried Beans, Salsa
 K-5: Chicken Fajita/Tortilla, Burrito/Cheese, Pears, Banana, Mandarin Oranges, Fresh Carrots, Refried Beans, Mexican Rice
 Friday, Jan. 27 - Middle School: Hamburger/Cheeseburger, Chick-

en Sandwich, Fruits, French Fries, Baby Carrots and Ranch Cup
 K-5: Chicken Sandwich, Regular or Spicy, Fish Sandwich, Peaches, Banana, Salad, Veggie Cup, Baked Beans
 Monday, Jan. 30 - Middle School: Chicken Smackers, Bosco Sticks and Sauce, Fruits, Cream Potatoes, Cooked Carrots
 K-5: Chicken Smackers, Salisbury Steak/Gravy, Apple, Peaches, Apple-

sauce, Cooked Carrots, Peas, Rools
 Tuesday, Jan. 31 - Middle School: Spaggetti and Roll, Popcorn Shrimp and Roll, Fruits, Green Beans, Broccoli and Ranch Cup
 K-5: Spaghetti/Bosco Stick, Corn Dog, Pineapple, Apple, Salad, Broccoli/Dip, Green Beans



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ANNOUNCEMENT SUBMISSION:

To submit engagement, wedding, anniversary or birth announcements, email the Tribune-Courier at features@tribunecourier.com, send to P.O. Box 410, Benton, KY 42025 or visit our website at www.tribunecourier.com to fill out a form online. Couples celebrating anniversaries of 50 years or more may submit two photos, one current and one ceremony. *Submissions are subject to edit.*

COMMUNITY

LIHEAP Crisis Program opens

Press Release

The Crisis Component of the Low-Income Home Energy Assistance Program will begin on January 9, 2017 and will end on March 31, 2017, or until funds have been expended whichever comes first. This program is available to assist low-income families that are in a home-heating crisis within the eight counties served by West Kentucky Allied Services. (Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, McCracken and Marshall)

A household shall be considered to be in a home heating CRISIS situation when:

- 1.)The household is within four days of running out of fuel (propane, kerosene, Or wood) is the heat source; or
- 2.)The household has

received a disconnect notice or termination notice on their natural gas or electric bill;

3.)The household's home heating costs are included as an undesignated portion of the rent, and an eviction notice has been received ;or

4.)The household participates in a pre-pay electric program and is within ten days or less for pre-paid electric service.

Application for assistance can be made at the local West Kentucky Allied Services office in your county. To be eligible you must meet the 130% of the poverty income guidelines.

Applicants must bring the following with them at time of application:

- 1.)Social Security cards for everyone in the household.
- 2.)Proof of all income

for every member in the household.

3.)Copy of the lease as well as an eviction notice if heating costs are included as an undesignated portion of the rent.

4.)A disconnect/past due or termination notice if electric or natural gas is the heating source.

5.)Must provide a metered utility bill to prove household residency

6.)Proof of the last propane delivery to aid in determining if a household will be without fuel within 4 days of application or a statement from propane dealer to that affect.

7.) Applicants who participate in a Pre-pay Electric Program must bring a statement from a utility company stating they have 10 days or less of pre-paid service.



--submitted

Nursing Associate Professor Christy Pettit presents the Associate Degree Nursing Achievement Award to Kelly Bradham of Calvert City.

Fifteen WKCTC nursing students recognized for academic achievement

Press Release

Several nursing students were recently recognized for their academic achievements during West Kentucky Community and Technical College fall 2016 nursing pinning ceremony.

Local recipients were:

- Shiloh Hega of Gilbertsville, Practical Nursing Nightingale Award
- Amanda Williams of Benton, National Association of Licensed Practical Nurses Honor Society
- Heather Sutton of

Murray, WKCTC Chapter of the Kentucky Association of Nursing Students Leadership Award and Who's Who Among Students in American Universities & Colleges

•Rebecca Myhand of Gilbertsville, Who's Who Among Students in American Universities & Colleges

•Kelly Bradham of Calvert City, Associate Degree Nursing Achievement Award and Who's Who Among Students in American Universities & Colleges

West Kentucky Community and Techni-

cal College (WKCTC) has been recognized as an Aspen Prize Top 10 Community College each of the four times the Prize has been awarded by the Aspen Institute and has twice been named a Finalist With Distinction for providing students with strong job training and continuing higher education opportunity, for achieving high completion and transfer rates, and for providing strong employment results for its graduates. For more information visit, westkentucky.kctcs.edu.



It's Time!
LOOK FOR OUR 2017 READER'S CHOICE BALLOT IN NEXT WEEK'S ISSUE!

HERE TOGETHER, FOR YOU.

JOHN BROADBENT, M.D. JOINS MURRAY CARDIOLOGY ASSOCIATES, AS OUR NEW CARDIOLOGIST.

It has been a privilege to practice in the West Kentucky area for almost 20 years, I have grown a strong bond with my current patients and I look forward to growing new ones at Murray Hospital. As a board certified Cardiologist, I'm focused on providing the diagnosis and treatment of many conditions regarding blood pressure, heart, lungs and blood vessels. I look forward to caring for my current patients throughout our region and welcoming new ones. Dr. Broadbent's office is located in the Medical Arts Building Suite 182W. To schedule an appointment call Murray Cardiology Associates at 270.762.1560.

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