

## PEOPLE

TATER DAY  
*time is here!*

## TATER DAY &amp; A&amp;I FAIR EVENTS:

**AT THE GRANDSTANDS:**

**FRIDAY, MARCH 31**  
**UTV CIRCLE TRACK RACING**  
 10 A.M. - 1 P.M.  
 H.H. LOVETT PARK

**WARRIOR CAR RACE**  
 7 - 10 P.M.  
 H.H. LOVETT PARK

**SATURDAY, APRIL 1**  
**TATER DAY 100**  
**ENDURO DERBY**  
 5 P.M.  
 H.H. LOVETT PARK

**SUNDAY, APRIL 2**  
**MUD BOG**  
 2 - 8 P.M.  
 H.H. LOVETT PARK  
 Trucks, Jeeps, ATVs, UTVs  
 Youth Class for 10 & under  
 Power Wheels Racing

Call 270-703-2049 or 270-703-5912  
 or visit  
[marshallcountkyfair.com](http://marshallcountkyfair.com)  
 for more information.

**SATURDAY, APRIL 1**  
**32ND ANNUAL TATER TROT**  
**5K & 1 MILE**  
 9 a.m.  
 1 mile fun run/walk 9:30 a.m.  
 MIKE MILLER PARK

**CASEY'S RIDES AT**  
**H.H. LOVETT PARK**  
 Thursday, March 30 -  
 Monday, April 3  
 Thursday - Fair Family  
 Night \$1  
 Friday: 5 - 10 p.m.  
 Saturday: 11 a.m. - 10 p.m.  
 Sunday: 1 - 6 p.m.  
 Monday: 9 a.m. - 6 p.m.  
 Sponsored by the Kiwanis

**MONDAY, APRIL 3**  
**LIONS CLUB**  
**PANCAKE BREAKFAST**  
 Monday, April 2, 7 - 10 a.m.  
 Benton Elementary School  
 Cafeteria

**MONDAY, APRIL 3**  
**TATER DAY PARADE**  
 Begins at 11 A.M.

Grand  
Marshal:  
Judy Jaco

This year's Grand Marshal for the parade is Judy Jaco or 'Miz Judy,' as she is affectionately known by her many friends. She is a lifelong Marshall County resident who proudly calls Tater Day her favorite holiday. Jaco has attended the Tater Day Parade nearly every year since she's been alive and recalls that not even rain or an injury could keep her away from the festivities and the people of Marshall County she so dearly loves.

"I'm so thankful to be honored as the Grand Marshal of the parade. It means so very much to me. It is the highest honor of my life," said Jaco. "My heart is full, my life is blessed and I have thankfulness coming out of me abundantly."

## How Does Your Garden Grow?

## Spring gardening on the horizon

The first day of spring has sprung and I am ready to do some gardening. I purchased some red potatoes and I am waiting for the soil to dry out enough to work. I talked to Billy York last week and he has planted potatoes. My father was

also able to plant his potatoes last week.

While you are limited what you can do in regard to planting, take some time and review your gardening situation. This year, I am going to make some changes by rotating where I plant things. I am

moving my tomatoes to a different site in the garden because they have been in the same place for several years. The best production I had was back in 2012. It was a dry year and Maryanna and I would go out and pick 200 pounds of tomatoes

at a time. So I am going to rotate things for this year.

Vegetable rotation can be very important in some gardens. If you are continually adding amounts of organic matter in your garden each year, it is not as big of a problem. The

organic matter helps enrich the soil and provides a great growing medium for your vegetables. To keep the vegetable garden healthy, avoid repeating the same planting plan in the same spot. This prac-

Garden/See page B2



**Charles Frazier**, master gardener, is a columnist for the Tribune-Courier. Each week through the height of gardening season, you can find him here, offering the best tips and advice to make your garden grow.



## COMMUNITY CALENDAR

**Marshall County Toastmasters** meet every Monday at 6:45 p.m. at the Quality Inn in Draffenville.

**The Marshall County Amateur Photography Club** meets the third Monday of every month at 6:30 p.m. at the Benton branch of the Marshall County Public Library.

**The Senior Citizens Bowling for Fun group** meets at 1 p.m. every Wednesday at Corvett Lanes in Murray. The cost is \$10 to bowl three games. Contact Betty Knieriem at 270-354-8110 or Nancy Rubin at 270-474-8366.

**March 28**  
**The Marshall County High School** will host the 3rd Annual Just Jazz-n-Desserts in the high school commons at 7 p.m. Entertainment includes MCHS Jazz Ensembles 1 and 2 and the Paducah Jazz Ensemble. Your ticket entitles you to not only a wonderful concert but also a variety of delicious locally made desserts, tea and coffee and the chance to bid on some exciting silent auction items. Tickets are \$8 in advance and \$10 at the door. For more information call 270-527-1578 or 270-906-5091.

**March 29**  
**South Marshall Middle School's SBDM council** will hold its monthly meeting at 3:30 p.m. For more information, call 270-527-3828.

**March 30**  
**Central Elementary** will hold a repeat session of January's meeting on the Discovery Classroom for kindergarten and first grade from 5 to 6 p.m.

**April 1**  
**Maple Spring United Methodist Church** will hold a country ham breakfast from 6:30 to 9 a.m. The menu will include country ham, sausage, eggs

cooked to order, pancakes, home-made biscuits, gravy, orange juice and coffee. The cost is \$5 for adults and \$2 for children under 12. The net proceeds will benefit Haven of Hope/Hope Clinic. The church is located at 9643 U.S. Hwy. 68 E in Fairdealing.

**April 2**  
**The Darnall Cemetery Board annual meeting** will meet at 1 p.m. at the Benton branch of Marshall County Library. Anyone interested in helping to maintain the cemetery is welcome to attend. For more information 270-527-1747.

**April 7**  
**The Fooks Cemetery meeting** will be held at 6 p.m. at the Fooks Cemetery building. Anyone interested in helping to maintain the cemetery is welcome to attend.

**April 8**  
**The South Marshall Fire Dept. Auxiliary** will host a spaghetti dinner from 5 to 7 p.m. (or until it's all gone) at the Aurora Ross Fire Station. The menu includes spaghetti, bread sticks, salad, and tea or lemonade, with coffee and dessert for \$7 for adults, \$3 for children 12 through 6 years, and free for children 5 and under. Everyone is welcome. For more information call Audrey Boyan at 270-906-5515.

**April 9-12**  
**Union Ridge Baptist Church** in Aurora will be holding a Spring Revival. Bro. Roger Rice will be the guest speaker. The revival will begin Sunday morning at 11 a.m.; evening service at 6 p.m. Monday, Tuesday, and Wednesday nights will begin at 7 p.m. The location is 1014 Union Ridge Road, Benton. Everyone is invited.

Email your calendar item to emcgill@tribunecourier.com, call us at (270) 527-3162 or stop by the office at 86 A Commerce Blvd. in Benton.

## MCH makes donation to WKCTC



-submitted

The Marshall County Hospital recently donated a C-arm mobile unit to West Kentucky Community and Technical College Radiography program. The equipment will be a great asset to the students in the program allowing them hands on training. A C-arm is used primarily during surgery to assist the surgeon with x-rays.

Pictured from left is Patty Buchanan, Director of WKCTC Radiography program, Roscoe Howard, Director of MCH Radiology Dept.; and Keaton Guthrie, MCH Radiology Technologist and former student at WKCTC.

## Garden

from page A1

tice, called vegetable rotation, can feel a bit like juggling, but it's important to prevent crop-specific pests and diseases from building up and carrying over from one season to the next in the soil. If you move the crop, the problem has no host on which to live. Ideally, rotate a vegetable (or vegetable family) so it grows in a particular spot only one year out of three. Rotating vegetable crops is an easy juggle in large vegetable gardens.

Rearranging small gardens can be more challenging, but even a minimal rotation will make a big difference. In a raised bed, if you use a planting mix that is changed out every two or three years, crop rotation is less important. Start by making a rough sketch of the garden as you plant and date the sketch in your gardening journal. Nothing fancy, "X marks the spot" will do. Note each planting of the year if you make successive plantings in spring, summer and fall. Sketches in your garden journal remind you how you planted

the garden last year so you won't follow the exact same plan this year. Putting your garden rotation on paper also lets you plan ahead to know how many plants of each type you need. If you note the variety name, like Jade green beans, you will have a record in case you can't remember the name of your favorite green bean.

Vegetables that are members of the same botanical family are susceptible to the same problems, so try to follow members of one family with members of a different family. For example, plant tomatoes in the spot where the beans grew last year, the squash in the spot where peas grew, etc. Beans and peas enrich the soil. A good gardening practice is to follow beans or peas with leafy greens such as cabbage or kale, which love the nitrogen left behind by their predecessors.

The tomato family includes tomatoes, eggplant, peppers and potatoes. These are heavy feeders and are best planted in enriched soil. Tomato

family members also are often affected by the same diseases. Never follow tomatoes after potatoes because deadly late blight can overwinter in potatoes that might have been missed and remain in the soil.

Green beans enrich the soil by adding a little nitrogen. This group includes green beans, green peas and other kind of peas. Squash family members are heavy feeders that grow best in rich soil. They include summer and winter squash, pumpkin, cucumbers and melons. Also cabbage thrives on nitrogen-rich soil. Plant them where a member of the bean family has grown before. Members include cabbage, broccoli, cauliflower, kale, collards and turnip green. Crop rotation is not as complicated as it sounds, especially if you take the time to sketch a garden plan and refer to the list of families. The benefits are definitely worth the effort!

Have a Blessed Gardening Week!

## WKCTC offering variety of community education classes, early registration encouraged

### Press Release

Spring is here and summer is just around the corner, and it's time to sign up for community education classes at West Kentucky Community and Technical College.

Classes for all ages are offered now and in the coming months at WKCTC including:

- summer camps,
- computer classes,
- beekeeping classes,

- Paducah School of Art and Design offerings,
- cake decorating classes,
- children and youth programs,
- photography classes
- Zumba, and much more!

"With so many offerings, we just can't list them all," said Kevin O'Neill, WKCTC interim vice president of regional workforce and economic development.

"We hope community members who are looking for a fun, exciting and unique classes for themselves or a loved one or friend, will visit our website to sign up. We have something for everyone."

Find a full list of continuing education courses and to register online, visit ws.kctcs.edu/westkentucky and click on desired offering, or call (270) 534-3335.

## First Kentucky Bank donates to Feeding America

### Press Release

Recently, employees of First Kentucky Bank completed their fourth year of raising money for the Feeding America Backpack Program. Feeding America has been the chosen "Charity of Choice" for First Kentucky since 2013 and will be the recipient of funds next year as well. "Through the Charity of Choice program, it is evident that our employees are committed to helping non-profit organizations in our communities year after year. The majority of our Feeding America donation is through the willingness of our employees to donate via payroll deduction," commented Nicole Sullivan, First Kentucky Human Resources Officer.

For the 2016-2017 school year, First Kentucky's total donation of \$19,300 to Feeding America will be distributed among children at-

tending schools in the counties in which First Kentucky has locations including Carlisle, Graves, Muhlenberg and Ohio. Through this year's contribution to the Backpack Program, they were able to provide weekly food for over 160 children. First Kentucky also donated \$1,800 to the Family Resource Centers in Livingston and Marshall Counties to provide food for children in need on the weekends through their individual Backpack Programs. Since 2013, First Kentucky employees have donated over \$83,000 towards the Backpack programs through Feeding America and the individual school systems!

Feeding America's website explains, "Children who are suffering from food insecurity do not perform well academically, display unacceptable behavior, and have poor attendance due to illness or

unexcused absences. Fortunately, Feeding America, Kentucky's Heartland launched the Backpack Program to help alleviate childhood hunger. Nutritious, easy-to-prepare foods are sent home in backpacks on Friday afternoons to ensure the child has something to eat until they return for breakfast on Monday morning." Director of Marketing, Laura Stinson shares, "I am so proud that through our employee donations we are able to help close the gap on child hunger in our schools and make a difference in the lives of children in our communities."

Established in 1899, First Kentucky is a Kentucky based community bank with assets exceeding \$405 million. The bank operates ten offices in six counties of western Kentucky including, Carlisle, Graves, Livingston, Marshall, Muhlenberg and Ohio Counties.

## ANNOUNCEMENT SUBMISSION:

To submit engagement, wedding, anniversary or birth announcements, email the Tribune-Courier at features@tribunecourier.com, send to P.O. Box 410, Benton, KY 42025 or visit our website at www.tribunecourier.com to fill out a form online. Couples celebrating anniversaries of 50 years or more may submit two photos, one current and one ceremony. *Submissions are subject to edit.*



**COMMUNITY**



-submitted

Pictured area: Chastity West, 5th grade teacher; Abby Parker, winner; Mike Harrell, President Marshall County Retired Teachers' Association

**Jonathan student wins essay contest**

**Press Release**

A fifth grade student at Jonathan Elementary school was selected the Marshall County Winner in the "2016-2017 Grandparent of the Year" essay contest sponsored by AARP Kentucky and the Kentucky Retired Teachers Association (KTRA). Abby Parker is among thousands of Kentucky fifth graders who participated in the 16th Annual Essay competition for 2016-2017. Stu-

dents submitted essays answering why "My Grandparent should be the AARP Kentucky-Grandparent of the Year" to their 5th grade teachers who selected the school's winner. Each school and winner received recognition certificates. As the Marshall County winner, Abby received a framed certificate for her efforts, and the essay was submitted for district completion, the district winners are then entered

into the state wide competition. Good luck Abby, Marshall County is behind you. The essay competition is a unique way to recognize the significant contributions that older Kentuckians make toward shaping the lives and values of youth across the Commonwealth. Across the country and in Kentucky, an increasing number of adults 50 and over are the primary caregivers to minor children.

*Speech Team takes top honors at state tourney*



-submitted

The Marshall County Speech Team experienced many successes this year, leading up to the KHSSL (Kentucky High School Speech League) state tournament; which took place in Lexington March 9th-11th. As a team, Marshall County was recognized as a school of distinction among Kentucky's High Schools, an award presented to schools with high levels of competitors in the final round of the tournament. Nine entries advanced to the quarter and semi-final rounds (top twelve in the state) of the tournament, with competitors Tessa Northcutt, Dalton York, Mary Cox, Jesse Burgess and Cameron King making up those entries. Four students advanced to the final round (top six in the state); a huge accomplishment in a tournament with nearly four hundred seventy competitors. (Pictured) Dalton York, who will be traveling to compete in Extemporaneous Speaking at the Grand National Tournament this summer, and was named 3rd in Broadcasting and 4th in Impromptu Speaking. Mary Cox and Jesse Burgess were awarded 4th place in Duo Improvisation. Cameron King was named Broadcasting State Champion.

**AMERICAN CANCER SOCIETY  
RELAY FOR LIFE**

**Relay For Life of  
Marshall County**

**Friday, June 9, 2017  
4 pm to 11 pm  
Marshall County High School**

**Sign Up Your Team Today!**  
[www.relayforlife.org/marshallky](http://www.relayforlife.org/marshallky)

For more information, please contact Gina Bitetti at 404-329-5113 or [gina.bitetti@cancer.org](mailto:gina.bitetti@cancer.org).

**Sponsorship Opportunities Available**

Celebrate. Remember. Fight Back.®

RelayForLife.org | 1.800.227.2345

**Happy  
DOCTOR'S  
DAY**

**On March 30**

*We appreciate you!*

*If you don't have a healthcare provider, check our website for listing or call 270.527.4856 for more information.*

**Marshall  
County HOSPITAL**

615 Old Symsonia Road, Benton, KY  
270.527.4800  
[www.marshallcountyhospital.org](http://www.marshallcountyhospital.org)

*It's almost time for the*

**2017**

**leisure scene**

**Call Selena at  
(270)  
527-3162  
today for  
advertising  
information!**



# Tiny Micro-Chip Now In The Ear: Available!



Now You See It...



Now You Don't!



Tiny micro-processor

- One of the smallest custom hearing aids ever made
- 48 channel digital signal processing
- Digital engineering allows 1,000's of custom settings
- Controlled by state-of-the-art software

Spaces Are Limited Call Today For Your

**FREE\* Hearing Evaluation!**

**Limited Time Offer!**

**1 Day Only! Thursday, April 6<sup>th</sup>, 2017**

CODE: HKX4AM2CL

CALL TOLL FREE

**1-888-387-3068**

**Benton**

315 West 5th St.

[miracle-ear-bentonky.com](http://miracle-ear-bentonky.com)

## One More Thing

Some parts of the evaluation include the use of a familiar voice, so please bring a spouse or family member with you.

Call us today to confirm your appointment time!

**2 for \$995\***

Receive 2 AudioTone™ Pro Hearing aids at \$995 for a limited time only.

\*limit one coupon offer per patient at the promotional price during event dates only. Not valid with any other discount or offer. Does not apply to prior purchases. Fits up to a 35 db loss. Offer expires 4/6/17.

## The Miracle-Ear Advantage:

- 100% Satisfaction Guarantee \*
- 3-Year Limited Warranty \*\*
- FREE Lifetime Service
- Over 65 Years in Business
- Over 1,200 Locations Nationwide

**Appointments also available at these locations**

**Paducah**

4793 Village Square Dr.

[miracle-ear-paducah.com](http://miracle-ear-paducah.com)

**Hopkinsville**

532 Noel Ave.

CALL TOLL FREE **1-888-387-3068**

**Most Insurance Plans Accepted Including Blue Cross Blue Shield**



\* If you are not completely satisfied, the aids may be returned in satisfactory condition within 30 days for a full refund. Fitting fee may apply. \*\* Not valid on Audiotone Pro.

CODE: HKX4AM2CL